



## CIT (Counselor in Training) Program

### What is a CIT?

CIT's are teenage volunteers, ages 13-18, who dedicate part of their summer to assisting MALT staff in our summer programming. They act as the big siblings of summer camp, keeping an eye on campers while also helping the programs run smoothly.

Many of our CIT's are former campers, who have outgrown our program, but still want to be involved. Others are teens looking for a summer opportunity where they can gain experience in environmental education. Whatever the reasoning, CITs are an essential part of our programming, and we are grateful for any time a teen may be able to volunteer.

### Benefits

- Gain service hours for school credit
- Develop confidence and outdoor skills
- Create life-long impact on MALT youth and lasting memories!

### How to Apply

To apply, please fill out the below application and email it to [elizabeth@maltvt.org](mailto:elizabeth@maltvt.org) or call (802) 388-1007



**2024 Counselor in Training (CIT) Application Form**  
**\*\*Must be available from 9-1 for a training day June 20th\*\***

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_

- 1) Why are you interested in volunteering as a CIT? What do you hope to gain from your time at MALT?
  
  
  
  
  
  
  
  
  
  
- 2) Have you spent time on the TAM or participated in a MALT public event?
  
  
  
  
  
  
  
  
  
  
- 3) Do you have any previous volunteer or work experience that is relevant to this position? (ex: camp counselor, attending nature camps, peer tutor, etc.)
  
  
  
  
  
  
  
  
  
  
- 4) Describe some of your skills, hobbies, or interests.

- 5) How do you plan to travel to camp? (CITs are responsible for arranging their own transportation to and from MALT sites – it may be possible to organize a carpool)
- 6) When are you available to volunteer? Select your preferred weeks. We ask that you are available to attend at least three days for a five-day camp week, and we will prioritize those that can attend the entire week. Please add a note if there are weeks that you cannot attend all 5 days. Check out our camp brochure at [maltvt.org/camps-1](http://maltvt.org/camps-1) to learn about each camp.

Summer Camp Schedule at a Glance			
Dates	Camp	Ages	Location
June 24-28	Treasure Hunters, Session A	6-9	Otter Creek Gorge
July 1-3	Coyote Camp	5-6	Otter Creek Gorge
July 8-12	Forests, Faeries, & Spirits	5-9	Otter Creek Gorge
July 15-19	Legends of the Forest: The Snipe Hunt	6-10	Otter Creek Gorge
July 22-26	Skull & Bones	6-10	Otter Creek Gorge
July 29 - Aug 2	Urban Explorers	7-10	Urban Green Spaces
Aug 5-9	TAM Trekkers 2.0	7-10	Trail Around Middlebury
Aug 5-9	Treasure Hunters, Session B	6-9	Otter Creek Gorge
Aug 12-16	Creepy Crawlies, & Beyond	6-9	Otter Creek Gorge
Aug 19-23	Legends of the Forest	11-13	Otter Creek Gorge

- 7) How many weeks do you want to volunteer for?

- 8) Is there anything else you'd like to tell us about yourself and what makes you a good fit for the CIT program?

9) What is your shirt size?

Please return your completed application by mail or email to:

Middlebury Area Land Trust  
PO Box 804  
Middlebury, VT 05753

Email: [elizabeth@maltvt.org](mailto:elizabeth@maltvt.org)  
Questions? Email or call (802) 388-1007